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September 15, 2006

TO: Mail Stop Non-Fee Amendment

FACSIMILE NO.: (571) 273-8300

FROM: Richard C. Conover

FACSIMILE NO.: (406) 587-4330

RE: Response to Office Action  
 Applicant: Ralph Simpson, et al  
 Serial No.: 10/628,081  
 Filed: 07/25/2003  
 For: SPORTS TRAINING AND EXERCISE DEVICE  
 Art Unit: 3764  
 Examiner: Jerome W. Donnelly

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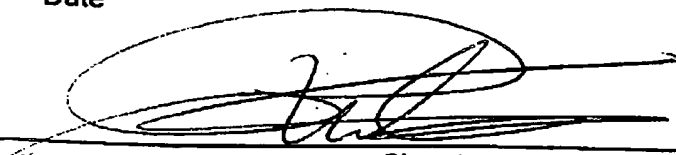
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Applicant/s : Ralph Simpson  
Pete Draovitch  
Steve McGee

Serial No. : 10/628,081

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For : SPORTS TRAINING AND EXERCISE DEVICE

Art Unit : 3764

Examiner : Jerome W. Donnelly

Mail Stop Non-Fee Amendment  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450  
Fax: (703) 571-8300

**RESPONSE**

Dear Sir:

In response to the Office Action mailed July 31, 2006 for which a response is due  
October 31, 2006 regarding the above-identified application, the applicant responds as follows: